

*Morning sickness  
is NOT  
for sissies!*

Illustration used with permission from  
*Take Two Crackers and Call Me in the Morning!*  
*A real-life guide for surviving morning sickness* by  
Miriam Erick.

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<https://morning sickness.net>  
*Home Sweet Home* cartoon by Kelly Lockett,  
Brooklyn, NY.

Nausea and vomiting are common disabilities  
which bring many people to health care. And while  
there are no shortages of remedies offered for  
relief, severe morning sickness (aka: hyperemesis  
gravidarum) continues to challenge the medical  
world. When we can put people on the moon why  
isn't there a cure for this problem of pregnancy on  
terra firma?

