



*Morning sickness
is NOT
for sissies!*

Illustration used with permission from
Take Two Crackers and Call Me in the Morning!
 A real-life guide for surviving morning sickness by
 Miriam Erick.

© 2019 Grinnen-Barrett Publishing Co, LLC.
 ISBN: 978-0-9613063-9-7
 ebook: ISBN 978-0-9968808-0-0
<https://morning sickness.net>
Home Sweet Home cartoon by Kelly Lockett,
 Brooklyn, NY.

Nausea and vomiting are common disabilities
 which bring many people to health care. And while
 there are no shortages of remedies offered for
 relief, severe morning sickness (aka: hyperemesis
 gravidarum) continues to challenge the medical
 world. When we can put people on the moon why
 isn't there a cure for this problem of pregnancy on
 terra firma?