



*Morning sickness  
is NOT  
for sissies!*

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*Take Two Crackers and Call Me in the Morning!*  
 A real-life guide for surviving morning sickness by  
 Miriam Erick.  
 © 2019 Grinnen-Barrett Publishing Co, LLC.  
 ISBN: 978-0-9613063-9-7  
 ebook: ISBN 978-0-9968808-0-0  
<https://morning sickness.net>  
 Brooklyn, NY.  
 Home Sweet Home cartoon by Kelly Lockett,  
 Nausea and vomiting are common disabilities  
 which bring many people to health care. And while  
 there are no shortages of remedies offered for  
 relief, severe morning sickness (aka: hyperemesis  
 gravidarum) continues to challenge the medical  
 world. When we can put people on the moon why  
 isn't there a cure for this problem of pregnancy on  
 terra firma?