



Early clues a woman has she is with child is the ugly sensation of nausea which affects 50-90% of pregnant women. While it resolves by 17 weeks for the majority of sufferers, the resulting vomiting can present life-threatening health challenges for 3-10% of women ... sometimes only ending at delivery!

*In the Beginning* cartoon by Kelly Lockett, Brooklyn, NY.

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<https://morningsickness.net>

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*Take Two Crackers and Call Me in the Morning!*  
 A real-life guide for surviving morning sickness by  
 Miriam Erick.

Congrats on the news  
 a baby is on the way!

Fabulous ...

But **WHAT'S** on the horrible  
 nausea and vomiting bit?

Hoping for a most  
 speedy resolution of the  
 morning sickness ...